



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ENCOURAGE GROWTH DEVELOP POTENTIAL

Before and  
After School  
2011-2012  
[www.dmyymca.org](http://www.dmyymca.org)



United Way  
of Central Iowa

## Before and After School Programs

YMCA of Greater Des Moines Before and After School Programs are offered at local elementary schools or YMCA branches. Care is offered at various times, please see the branch information pages at the end of this booklet for times and locations.

### Why Choose the YMCA?

A long-standing not-for-profit organization

- The YMCA of Greater Des Moines has been serving this community since 1868, meeting changing community needs for over 140 years.
- In response to the needs of the community, the YMCA is one of the largest providers of school age programs in the Central Iowa community.
- Thanks to many generous community donors to the YMCA Partners With Youth Campaign, the YMCA strives to never turn anyone away from the YMCA due to an inability to pay.

### Safety

- Over 600 children are entrusted to our care every day.
- We meet state standards for staff to child ratio. Our maximum ratio is 1:15 and often we exceed our staff ratio at most sites.

### Trained Staff

- An integral component of the YMCA's quality programming is staffing. Our staff consists of mature and enthusiastic individuals who help us provide a quality, safe, and enjoyable program. Reference checks are conducted, documented and filed on all employees working with children. A Criminal History Background Check, physical and a TB Test are also required.
- The YMCA of Greater Des Moines requires all school age program staff to take CPR, First Aid, and Child Abuse Prevention trainings within the first 30 days of employment.
- Staff are also required to participate in continuing education classes throughout their employment with the YMCA.

### Enriching Curriculum

The YMCA's national character building campaign pledges to incorporate the values of Caring, Honesty, Respect and Responsibility as part of all youth services programming. The YMCA seeks to support and strengthen the family unit, help children develop their fullest potential and present programs and services in a positive YMCA environment of safety, support, and care.

### Our curriculum includes eight core content areas

Arts and humanities

Character development

Health, wellness, and fitness

Homework support

Literacy and science

Service-learning

Social competence

Conflict resolution



2011-2012  
[www.dmyymca.org](http://www.dmyymca.org)

**YMCA Mission** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



# ENCOURAGE GROWTH DEVELOP POTENTIAL

[www.dmymca.org](http://www.dmymca.org)

**The specific activities associated with the core content areas generally take place in one or more of the following contexts, each of which is balanced throughout the day or week:**

**Free choice:** The child chooses from several activity options, some relatively unstructured and some that are staff-directed learning centers.

**Small group and individual:** The activities available can be done either in small groups or alone. They may be initiated by the adults with the expectation that all children will work on the activity (e.g.: homework or quiet time), or they may be initiated by the children themselves.

**Project time:** Time set aside for children or youth to begin or return to a long-term project needing specified space, materials, tools, or leadership.

**Large group:** Activities designed for large group participation usually under the leadership of a responsible person (e.g.: read a book or participate in an active game such as soccer).

**Indoors and outdoors:** As much as possible, and depending on the weather, we strive to balance indoor and outdoor activities.

**Snack:** A nutritious snack, planned to meet a child's nutritional requirement, is served each day.

## Developmental Assets

YMCA staff members design our Before and After School Programs to give children the support they need to become successful adults. The YMCA of Greater Des Moines utilizes the *Search Institute's 40 Developmental Asset Model*, a nationally regarded tool in assessing the outcome measurement of youth programs and activities.

**Parents will realize the YMCA Before and After School Program will help their child:**

- Interact with others who are different from him or her and be respectful to others' feelings and property
- Learn how to do what is right even when other kids want to do something else
- Learn that it's important to help other people
- Do better in school both socially and academically



## What About Early Out and No School Days?

Each of our Before and After School programs have varying policies in regards to early out and no school days. Please see your branches specific page at the back of this packet for specific information.

## Summer Day Camps and Resident Camp

YMCA of Greater Des Moines offers a wide range of Summer Day Camps for preschoolers through teens. Visit our website at [www.dmymca.org](http://www.dmymca.org) for detailed information on the many camps offered by the YMCA during the summer months.

## Fees and Payment Options

The YMCA offers two payment options: monthly or semi-monthly by debit or credit card. Most sites take Child Care Assistance vouchers.



**2011-2012**  
[www.dmymca.org](http://www.dmymca.org)

**YMCA Mission** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

# BEFORE AND AFTER SCHOOL

Ankeny Family YMCA  
(515) 965-8800  
www.dymymca.org

## Fees and Payment Options

The YMCA offers two payment options: monthly or semi-monthly by debit or credit card. Most sites take Child Care Assistance vouchers. Call 515-965-8303, ext. 447 for more details and questions about payments.

## Registration Procedures

- 1 Complete the registration form available at the Ankeny Family YMCA branch or at [www.dymymca.org](http://www.dymymca.org)
- 2 Drop off your registration form at the Ankeny Family YMCA branch with registration fee and tuition for August
- 3 Registrations are taken on a first come first serve basis
- 4 A confirmation will be sent to confirm your registration

**The YMCA provides continuous care throughout the year, including spring and winter breaks.** This is a full time program. Payment for every week is required whether or not your child attends.

Full Time Only	Semi-monthly Fees		Monthly Fees	
	Family Member	Non-Member	Family Member	Non-Member
Morning Only	\$91.00	\$102.00	\$182.00	\$204.00
Afternoon Only	\$141.00	\$163.00	\$282.00	\$325.00
Morning & Afternoon	\$172.00	\$203.00	\$343.00	\$405.00
Wednesday Morning Only	\$19.00	\$22.00	\$37.00	\$44.00
Wednesday AM Only & Afternoon Only	\$148.00	\$170.00	\$295.00	\$340.00

## Inclement Weather Procedures

When winter weather hits, we would like everyone to be safe including children, parents and staff. The following are the inclement weather procedures that are put in place for our Before and After School Program. Please review the information on the registration form to see what your care includes.

### Late Start *Due to inclement weather*

**All sites open at 7:00 a.m.** This is a HALF HOUR later than our regular program. Site remains open after school until regular time if school was held that day. If the two hour delay becomes a no school day, all sites will **close at 4:30 p.m.!**

### Early Out *Due to inclement weather*

When school is let out early due to inclement weather, we will **remain open until 4:30 p.m.**

### No School Day *Due to inclement weather*

**Only three sites will open. Sites will close at 4:30 p.m.** More information will be available at parent orientation in the fall.

## Locations

**Ashland Ridge** 729-4965  
2600 NW Ash Street

**Crocker** 729-0752  
2910 SW Applewood Street

**Northeast (East)** 729-0716  
1705 NE Trilein Drive

**Northwest** 729-0724  
1202 NW 1st Street

**Southeast** 729-0750  
1005 SE Trilein Drive

**Terrace** 729-0723  
310 NW School Street

**Westwood** 729-0725  
2920 NW 9th Street

**Jennifer Denny** 965-8303, ext. 439  
Childcare Director

## Typical Day

- Check-In
- Group Time (Question of the Day, Character Development Discussions/Activities, Multi-Cultural Discussions/Activities, & Service Projects)
- Wash Hands for Snack
- Snack Time
- Homework/Literacy
- Freeplay Outside
- Choices (Kids choose between a variety of activities.)
- Board Games or Group Game



## AFTER SCHOOL

John R. Grubb YMCA  
(515) 246-0791  
www.dymymca.org

### Fees and Payment Options

The YMCA offers two payment options: monthly or semi-monthly by debit or credit card. Child Care Assistance vouchers are accepted. Call 515-868-0525 for more details and questions about payments.

**Afternoon Only** Monday - Friday ..... Weekly - \$48

**The YMCA provides continuous care throughout the year, including spring and winter breaks and teacher in-service days.** This is full-time program. Payment for every week is required whether or not your child attends.

### Registration Procedures

- 1 Complete the registration form available at the John R. Grubb YMCA branch or at [www.dymymca.org](http://www.dymymca.org)
- 2 Drop off your registration form at the John R. Grubb YMCA branch with registration fee and tuition for August.
- 3 Registrations are taken on a first come first serve basis
- 4 A confirmation will be sent to confirm your registration

### School Closures / Inclement Weather

If school is let out due to inclement weather, the YMCA after school program will pick the children up from school and remain open until 4:30 p.m. Parents are encouraged to pick their children up as soon as they are able.

### Location

**John R. Grubb YMCA**  
246-0791  
1611 11th Street

**Michelle Van Wyngarden**  
868-0525  
Youth and Outreach Director

### Typical Day

- Check-In
- Group Time (Question of the Day, Character Development Discussions/Activities, Multi-Cultural Discussions/Activities, & Service Projects)
- Wash hands for snack
- Snack
- Homework/Literacy
- Choices (Kids choose between a variety of activities.)
- Free Play (Indoor/Outdoor depending on weather)



**YMCA Mission** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



# BEFORE AND AFTER SCHOOL

**Waukee Family YMCA**  
 (515) 987-9996  
[www.dmyymca.org](http://www.dmyymca.org)

## Fees and Payment Options

The YMCA offers two payment options: monthly or semi-monthly by debit or credit card. Most sites take Child Care Assistance vouchers. Call 515-868-0508 for more details and questions about payments.

Full Time Only	Semi-monthly Fees		Monthly Fees	
	Family Member	Non-Member	Family Member	Non-Member
Morning Only	\$113.50	\$127.50	\$227.00	\$255.00
Afternoon Only	\$113.50	\$127.50	\$227.00	\$255.00
Morning & Afternoon	\$156.00	\$184.00	\$312.00	\$368.00

**The YMCA provides continuous care throughout the year, including spring and winter breaks.** This is a full time program. Payment is required whether or not your child attends.

## Registration Procedures

- 1 Complete the registration form available at the Waukee Family YMCA branch or at [www.dmyymca.org](http://www.dmyymca.org)
- 2 Drop off your registration form at the Waukee Family YMCA branch with registration fee and tuition for August.
- 3 Registrations are taken on a first come first serve basis
- 4 A confirmation will be sent to confirm your registration

## Inclement Weather Procedures

When winter weather hits, we would like everyone to be safe including children, parents and staff. The following are the inclement weather procedures that are put in place for our Before and After School Program.

### 2 Hour Delay

**All sites open at 7:30 a.m.** This is ONE HOUR later than our regular program. Site remains open after school until regular time if school was held that day. If the two hour delay becomes a no school day, all sites will **close at 4:30 p.m.!**

### Early Out *Due to inclement weather*

When school is let out early due to inclement weather, we will **remain open until 4:30 p.m.**

### No School Day *Due to inclement weather*

**Only Brookview and Eason will be open. Sites will open at 7:30 a.m. and close at 4:30 p.m.** All children needing care that day will need to choose one of these sites to attend. Waukee Elementary may choose either Brookview or Eason. More information will be available at parent orientation in the Fall.

## Locations\*\*

**Brookview Elementary** 249-8165  
 8000 EP True Drive,  
 West Des Moines, IA

**Eason Elementary** 249-8146  
 605 SE Boone Drive, Waukee, IA

**Waukee Elementary** 249-8253  
 850 6th Street, Waukee, IA

**Joelle Kleihauer** 868-0507  
 Program Executive

\*\*All other Elementary Schools are served by Beyond the Bell, sponsored by the Waukee Community School District. For more information, please contact 987-2778.

## Typical Day

- Check-In
- Group Time (Question of the Day, Character Development Discussions/Activities, Multi-Cultural Discussions/Activities, & Service Projects)
- Wash Hands for Snack
- Snack Time
- Homework/Literacy
- Freeplay Outside
- Choices (Kids choose between a variety of activities.)
- Board Games or Group Game



**YMCA Mission** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

