



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHIRLWIND OF SUMMER FUN AND FRIENDS

2012 DAY CAMP
Ankeny Family YMCA

www.ydaycamp.org

YMCA MISSION To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



WHIRLWIND OF SUMMER FUN AND FRIENDS

Preschool Camp

Your pre-school camper will enjoy a mixture of indoor and outdoor fun and excitement. The curriculum changes weekly and is focused on the development of young children and their natural desire to learn. Activities are designed around arts, crafts, group games and nature activities. This camp is designed for 3 to 6 years old children who are toilet trained and have not yet attended Kindergarten.

Location Hours

Ashland Ridge 9:00 am-4:00 pm

Fees

| Option | Rate | Member |
|----------------|-------|--------|
| Full Day | \$140 | \$100 |
| *July 2-6 Only | \$112 | \$80 |

\$20 Non-refundable deposit per child per week is required at the time of registration

Super Hero Adventures

June 4-8

Grab your cape & fly away with us. Enjoy each day by dressing up like your favorite superhero character. Show your YMCA values by using your inner super hero powers. We will have a super hero of the day, teamwork activities, and do crafts to show our super strengths.

Let's Get Buggy

June 11-15

Let's explore up in trees, under rocks, and down in the mud. There's so many creatures and crawlers to discover. Join us as we learn about all that nature has to offer.

Ooey Goopy Slimy Stuff

June 18-22

Just like the name says-come to camp to get sticky, slimy, ooey and goeey. We will have fun with science experiments, food crafts, and lots of sensory exploration.

Fairy Tales & Disney Imagination

June 25-29

Imagine that you're a princess in a castle or a prince on his horse. There's a fairy tale or Disney character that we all love. Join us for some fairy tale and Disney enchantment through dress up, role plays, story telling, and so much more.

Down on the Farm

July 2-6*

Animal lovers, travel into the country with a week full of farm animal adventures! Your week will be full of exploration and learning about many farm animals, tractors, and food we grow! From sun up to sun down, let's learn and help Old McDonald on his farm. Campers will participate in animal arts and crafts and fun animal games!

Little Picassos

July 9-13

This is a week full of creative art. Let your child explore their artistic side by trying new art skills in drawing, painting, coloring, and making unique creations.

Diggin' It

July 16-20

Get your hands dirty as we dig into what lies beneath the earth. There are so many stories to be revealed that our eyes can not see. Anything from rusty rocks to sparkling gems or fresh fossils to prehistoric dinosaur bones. Let's get digging to see what we can uncover.

Music, Movement, & Fitness Fun

July 23-27

Your child will be movin' and groovin' at this camp. Join us for a week of instrument making, singing songs, relay races, and fitness fun. Get ready to shuffle your feet, stomp to the beat, and move to the music!



Pirate & Ocean Exploration

July 30-Aug 3

Yo ho yo ho, a pirate's life for me! From pirate activities to wild wet days, there is nothing better than a pirate's life. We'll learn about pirates and the ocean creatures down deep. Lot's of fun, me campers, yo ho!

Sensational Senses

Aug 6-10

Discover summer through your 5 senses. Our campers will enjoy the outdoors as they participate in activities that will stimulate and utilize all their senses. They will feel things-mist in the morning, hear things-birds singing to a happy tune, smell things-fresh cut grass, and even taste things-s'mores. By bringing all of their senses into play, instead of just their eyes and ears, the kids will stimulate their curiosity and enrich their camp experiences. Have fun this summer and let your senses go wild.



Ankeny Family YMCA

(515) 965-8800
www.ydaycamp.org



Day Camp

Join the fun this summer with the YMCA of Greater Des Moines in our Day Camp Program. Our program is separated into two age groups (children who have completed K through 2nd grade and children who have completed 3rd through 5th grade) providing age appropriate activities for your child. They will participate in activities in both small and large group settings that present children with the opportunity to grow personally and socially, to develop skills for meeting new friends, to learn and understand the YMCA values of Caring, Honesty, Respect and Responsibility. And of course – HAVE FUN!!!

Location Hours

Crocker 6:30 am-6:00 pm
Northeast 6:30 am-6:00 pm

Fees

| Option | Rate | Member |
|-----------------|-------|--------|
| 6:30 am-6:00 pm | \$165 | \$125 |
| *July 2-6 | \$132 | \$100 |
| *July 9-13 | \$190 | \$150 |

\$20 Non-refundable deposit per child per week is required at the time of registration

Date

June 4-8
June 11-15
June 18-22
June 25-29
July 2-6*
July 9-13*
July 16-20
July 23-27
July 30-Aug 3
Aug 6-10

*ADVENTURELAND WEEK

Don't miss out on this YMCA of Greater Des Moines tradition! In addition to the day camp experience, Camp will travel to Altoona on Friday and spend the day at Adventureland! Transportation to the park, admission and lunch are included in the cost.

Teen Camp

Enjoy a new experience this summer that is completely focused on teens. This camp is planned for young adults who have completed 5th, 6th, 7th, or 8th grade. Meeting new friends, exploring new skills and living a summer full of new challenges and choices is the basis of this weekly camp.

The camp's philosophies are based upon the YMCA's principles of caring, honesty, respect and responsibility. These philosophies are at the heart of our service based learning and asset development programming.

Each week of camp has a theme in which the program is based upon. The agenda for each week will include active games, field trips, creative projects, peer interaction, and character building moments. The planning for each week's agenda will include ideas from the camp participants.

The summer will be filled with entertaining events such as a talent show, scavenger hunt, car wash, science experiments, art show and multitudes of indoor and outdoor activities. There are also exciting field trips to many of Des Moines' favorite attractions such as Adventureland, Iowa Cubs game, Sleepy Hollow, Y Camp, aquatic centers, recreation centers, parks, and local businesses.

Location Hours

Ankeny Family YMCA 7:00 am-5:00 pm

Fees

| Option | Rate | Member |
|-----------------|-------|--------|
| 7:00 am-5:00 pm | \$165 | \$125 |
| *July 2-6 Only | \$132 | \$100 |
| *July 9-13 | \$190 | \$150 |

\$20 Non-refundable deposit per child per week is required at the time of registration

Date

June 4-8
June 11-15
June 18-22
June 25-29
July 2-6*
July 9-13*
July 16-20
July 23-27
July 30-Aug 3
Aug 6-10



Enrichment Camp

Designed with your child's curiosity in mind, these special weekly camps for children who have completed Kindergarten-5th grade allow campers to explore their personal passions or develop a new area of interest. Campers will take an in-depth exploration into special activities that allow them to grow their own personal passions.

Location Hours

Ashland Ridge 6:30 am-6:00 pm
Southeast 6:30 am-6:00 pm

Fees

| Option | Rate | Member |
|-----------------|-------|--------|
| 6:30 am-6:00 pm | \$175 | \$135 |
| *July 2-6 Only | \$140 | \$108 |
| *July 9-13 | \$200 | \$160 |

\$20 Non-refundable deposit per child per week is required at the time of registration

Secret Agent Investigations

June 4-8

Become a "Secret Agent" this week and learn investigation techniques, tools and information used by the professionals. Kids will get hands on experience from police officers and other guest speakers, teaching them activities that range from finger-printing to active Army trainings that will broaden campers secret agent skills.

Environmental Exploration

June 11-15

Are your kids nuts for nature and love exploring everything outdoors? The campers will spend the entire week at Y Camp in Boone learning the importance of conservation and develop an appreciation for nature as they explore the environment during nature hikes, bird watching, conduct hands-on science experiments, and make crafts using products directly from the environment. (Your child will be bussed to and from Y Camp each day.)

Art Gurus

June 18-22

If drawing, painting and creating is your name, then art camp is your game! Your child will get to experiment with all different types of art, use various forms of medium (charcoal, pastels, paints, pen and ink, etc), work with a variety of materials, and learn new techniques. Discover the artist inside your child during this fun filled week of art making!

Extreme Outdoor Adventures

June 25-29

Discover what the great outdoors are all about! During this week at Y Camp in Boone, your child will explore, learn and participate in various outdoor activities that they can continue to do even after camp is over. They will also get an opportunity to do activities they wouldn't usually do in the city, such as: archery, canoeing, horse back riding, rockwall-climbing, and challenge themselves on the ropes course. (Your child will be bussed to and from Y Camp each day.)

Food-ology

July 2-6*

Break out the aprons and mixing bowls and get a complete culinary experience. Food-ology week will not only be the "study of food", we will actually explore all aspects of the food-world. The journey will continue from our tongue to feeding our minds of histories most notable global-chefs. Your kids will gain an understanding and appreciation of the skills and joys of the culinary arts. Join us on this flavor-full ride and discover the science and anatomy of our taste buds through a hands-on food experience. (A variety of ingredients will be used.)

Outdoor Survival Challenge

July 9-13*

Attention all Families, it is time for your child to get down and dirty and challenge their self! While at Y Camp in Boone, your child will get to learn about outdoor survival skills and put their survival instincts to the test. They will participate in extreme mental and physical team challenges and activities, group and individual contests, extreme sports, arts and crafts, and mind games. There is a survivor winner inside all of us! Are you up for the challenge? (Your child will be bussed to and from Y Camp each day.)

Kitchen Impossible

July 16-20

Do you work best under pressure? Have you always wanted to try out new and different recipes using any food imaginable? Your child will get the chance to show their kitchen savvy skills with their fellow campers and create exciting dishes. If your child is up to the challenge then allow them to step right up to the plate so they can become the next top chef! Bon appetite! (A variety of ingredients will be used.)

"Virtualize" This

July 23-27

Want to learn about the history of computers and modern technology; or how about creating a movie or designing a building? Put your thinking caps on and be ready to discover the depths of modern technologies, cyberspace, multi-media, graphic design, and engineering

Sports Enthusiasts

July 30-Aug 3

Are you looking for a chance to learn and play different sports? This is the week for you! Experience summer sports in a fun and non-competitive environment! Throughout this week, campers will learn some fundamental skills for basketball, football, baseball/softball, and soccer, such as dribbling, shooting, kicking, passing, throwing, batting, and running. As they participate in these different sports during the week; they will develop self-confidence through activities that teach teamwork, sportsmanship, and fun!

Design on a Dime

Aug 6-10

Design-on-a-Dime camp week is your hit HGTV show put into practice with bonus "designs". We all see activities and hear about things we "should do" or "could do", this week of camp we "will do" the activities. Come prepared to show up ready to dive into your creative and resourceful side. Children will learn basic elements of clothing & room design and architecture and have the opportunity to create mock design and layouts with magazine clipping and drawings. Design does not end with interior design at this camp, oh no, we will also create simple clothing and home items as well as get hands on bridling and engineering experience through ramps and pathways constructions. Get your hard hats on and fabric swatches ready-this week is jammed packed full of creativity!

YMCA MISSION To put Christian principles into practice through programs that build healthy spirit, mind and body for all.