

YAQUATICS™



Swim Team

Participants have an opportunity to learn advanced swimming skills in a competitive environment. The YMCA Swim Team will build self-esteem, discipline, and responsibility. The swim team competes with other YMCAs throughout the state of Iowa. All swimmers must be YMCA members.

- Age:** 6 - 18 years
- Register:** Starting September 28th
- Date:** Practice begins week of Nov. 16
- Day:** Monday, Thursday, Sunday
- Meets:** Saturdays
- Time:** Monday & Thursday
9 and Under 5:20 - 6:05 p.m.
10 and Up 6:05 - 6:55 p.m.
Sunday
9 and Under 4:15 - 5 p.m.
10 and Up 5 - 5:45 p.m.
- Fee:** Rate - \$100.00

 **We build strong kids,
strong families,
strong communities.**

www.dnymca.org

For more information please contact Makala R. Brinkley at 432-5925 or Makala.brinkley@dmymca.org

Through generous contributions from YMCA members and the United Way, no one is turned away from the YMCA due to the inability to pay.



YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.