

YHEALTH & FITNESS™

We build strong kids, strong families, strong communities.

Riverfront YMCA Gym Schedule Summer 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Basketball 9:00AM- 12:00PM	Open Gym 5:00AM-6:15AM	Open Basketball 5:00AM-8:30AM	Open Gym 5:00AM-6:15AM	Open Basketball 5:00AM-8:30AM	Open Gym 5:00AM-6:15AM	Open Basketball 7:00AM-1:00PM
Open Gym 12:00PM- 6:00PM	Basics 6:15AM-7:15AM GYM CLOSED	Open Gym 8:30AM- 11:30AM	Basics 6:15AM-7:15AM GYM CLOSED	Open Gym 8:30AM- 11:30AM	Basics 6:15AM-7:15AM GYM CLOSED	Open Gym 1:00PM-6:00PM
	Open Gym 7:30AM- 11:30AM	Challenge Basketball 11:30AM- 1:30PM Members Only	Open Gym 7:30AM-11:30AM	Challenge Basketball 11:30AM- 2:00PM Members Only	Open Gym 7:30AM- 11:30AM	
	Challenge Basketball 11:30AM- 1:30PM Members Only	Open Gym 1:30PM-2:00PM	Challenge Basketball 11:30AM-1:30PM Members Only	Class 2:00PM-3:00PM GYM CLOSED	Challenge Basketball 11:30AM- 2:00PM Members Only	
	Open Gym 1:30PM-2:00PM	Class 2:00PM-3:00PM GYM CLOSED	Open Basketball 1:30PM-5:00PM South End	Open Basketball 3:00PM-5:45PM	Open Basketball 2:00PM-5:00PM South End	
	Class 2:00PM-3:00PM GYM CLOSED	Open Gym 3:00PM-5:30PM	Open Gym 1:30PM-4:45PM North End		Open Gym 2:00pm-6:30 PM North End	
	Open Basketball 3:00PM-5:00PM South End	Adult Basketball 5:30PM-7:30PM North End	Open Volleyball 4:45PM-6:30 PM North End	Adult Basketball 5:30PM-7:30PM North End	Open Gym 5:00PM-6:30 PM South End	
	Open Gym 3:00PM-4:45PM North End	Open Gym 5:30PM- 7:30PM South End	Open Gym 5:00PM-6:30 PM South End	Open Gym 5:30PM- 7:30PM South End	Family Gym 6:30PM-8:30PM	
	Open Volleyball 4:45PM-6:30PM North End	Open Gym 7:30pm-10:00pm	Open Gym 6:30PM-7:30PM	Open Gym 7:30pm- 10:00pm	Open Gym 8:30PM- 10:00PM	
	Open Gym 5:00PM-6:30PM South End		Open Gym 7:30PM-10:00PM North End			
	Open Gym 6:30PM- 10:00PM		Challenge Basketball 7:30PM-10:00PM South End			
	Challenge Basketball 7:30PM-10:00PM South End					



Through generous contributions of YMCA members and the United Way,
no one is turned away from the YMCA due to inability to pay.