

# YHEALTH & FITNESS™

We build strong kids, strong families, strong communities.

## Riverfront YMCA Youth Gym Spring/Summer 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed until 12:00 pm	Open Gym 5:00am-6:00pm	Open Gym 5:00am-11:30am	Open Gym 5:00am-12:00pm	Open Gym <b>5:00am-11:30am</b>	Open Gym 5:00 am-6:30 pm	Open Gym 7:00am-10:00am
Open Gym 12:00pm- 5:00pm		Hapkido 11:30am- 12:30pm	Open Gym 1:00pm-6:00pm	Hapkido 11:30am- 12:30pm	PNO/YNO 6:30 pm-8:00 pm	Hapkido 9:00am-10:00am
		Open Gym 12:30pm-5::30pm	Hapkido 6:00pm-7:30pm	Open Gym 12:30pm-5:30pm		Open Gym 10:00 am - 3:00 pm
	Hapkido 6:00pm-7:30pm	Tae Kwon Do 5:30pm-6:30pm		Tae Kwon Do 5:30pm-6:30pm		Birthday Parties 3:00-5:00 pm



Through generous contributions of YMCA members and the United Way,  
no one is turned away from the YMCA due to inability to pay.