

YHEALTH & FITNESS™

We build strong kids, strong families, strong communities.

Riverfront YMCA
Cycling Classes
June 2010

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	Cycling 6:00-6:45 AM Janaan	Cycling 6:00-6:45 AM Tony	Cycling 6:00-6:45 AM Charlene	Cycling 6:00-6:45 AM Tony	
Cycling 12:10-12:55 PM Jan	Cycling 12:10-12:55 PM Mark	Cycling 12:10-12:55 PM Kathy	Cycling 12:10-12:55 PM Jim	Cycling 12:10-12:55 PM Jason	
Cycling 4:45-5:45 PM Tomoko		Cycling 4:45-5:45 PM Kristie			
	Cycling 5:30-6:15pm Deb				