



**Boone County Family
YMCA**

608 Carroll St., Boone, IA 50036
(515) 432-5925

WAIVER

In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, and assigns, waive and release rights and claims for damages against the City of Boone, the Boone County Family YMCA, YMCA of Greater Des Moines, sponsors, officials, volunteers, and workers for any injury or accident in connection with the running for the 5th Annual Pufferbilly Days™ Run.

SIGNATURE _____
(Of parent or legal guardian, if under 18.)

Additional information can be obtained by calling (515) 432-5925.

To put Christian principles into practice
through programs that build healthy spirit,
mind and body for all.
110-1138

YMCA MISSION



**Boone County Family
YMCA**

608 Carroll St., Boone, IA 50036
(515) 432-5925



**5th Annual Boone County Family YMCA
Pufferbilly Days™ Run**

Saturday, September 11, 2010



PUFFERBILLY 5K/10K RUN

- Location** The 5K and 10K begin and end at the Boone County Family YMCA and travel through both McHose and Herman Parks. The route is scenic, challenging, and fun for runners of all ages.
- Date** Saturday, Sept. 11, 2010
- Time** 7 a.m.
- Fee** \$20 - Single Participant
\$25 - Race Day
\$50 - Family
\$55 - Race Day
(for immediate family members 5 person max)
- Registration** Late registration
Boone County Family YMCA
5:45 - 6:30 a.m. (Race Day)
- Packet Pickup** Boone County Family YMCA
Friday, Sept. 10, 4:30 - 6:30 p.m.
Race Day, 6 - 6:45 a.m.
- Awards Ceremony** Immediately following the race. Awards given to the top three finishers in each age group.
- All participants will receive a t-shirt.

KID'S FUN RUN

- Location** The Kid's Fun Run will take place at Goeppinger Field, 2 blocks west of the Boone County Family YMCA.
- Date** Saturday, Sept. 11, 2010
- Time** 8:30 a.m.
- Fee** \$10
- Ages** 2 - 4, 5 - 6, 7 - 8, and 9 - 12 years
- Awards** All Kid's Fun Run participants will receive a medal.



For a complete schedule of activities visit online at:
www.booneiowa.com/pufferbillydays

YMCA PARTNER WITH YOUTH

A portion of the proceeds go to the YMCA's Partner With Youth fund. The YMCA strives to not turn away anyone due to an inability to pay. Through Partner With Youth, individuals and businesses in the community partner with the YMCA to make sure every child can be a part of the YMCA.

Central Iowa's future depends on the strength of our children. That's why the YMCA provides programs that help build assets in youth. Dollars raised ensure the YMCA can continue to teach and demonstrate positive values, prepare youth to become productive adults, build self-esteem, strengthen family life and provide solutions to pressing community needs.

Financial Assistance Available



Boone County Family YMCA
www.dmymca.org

5th Annual Boone County Family YMCA PUFFERBILLY DAYS™ RUN ENTRY FORM (One entry per person.)

Which Event? 5K Run 10K Run Kids Fun Run

Name (Last Name / First Name) *Please Print*

Mailing Address (Include Apt. No.)

City

E-Mail Address

Birth Date

Home Telephone

Shirt Size (Adult)

S M L XL NONE

Age On 9/11/10

Sex

ENTRY FEE
5K/10K Run

\$20 - Single Participant
\$25 - Race Day
\$50 - Family
\$55 - Race Day

Kid's Fun Run \$10

DO NOT MAIL AFTER 8/28!
NO REFUNDS!

PLEASE NOTE: One person per entry?
All boxes completed? Waiver signed?
Correct amount paid?

I will require childcare
for _____ children.

DELIVER OR MAIL TO: 2010 Pufferbilly Days™ Run, Attn: Boone County Family YMCA, 608 Carroll Street, Boone, IA 50036