

# HALF-DAY ENRICHMENT PROGRAMS



# BEST SUMMER EVER<sup>®</sup>



Half-Day Enrichment Programs are offered at the Waukee Family YMCA. Register online at [dmymca.org/register](http://dmymca.org/register).

### GET COOKIN' June 10-14

Create your own masterpieces in the kitchen! Children really get cooking in this introduction to the culinary arts where they learn to create fun things you can eat! Children will experiment with different cooking themes and make fun finger foods, delicious healthy dessert creations, and crazy cuisines. From chopping and seasoning to baking and sautéing, you'll be an expert by the end of the week – or at least, have a few tasty recipes under your belt!

### BIGGER, FASTER, STRONGER June 17-21

Channel your inner ninja warrior! Using obstacle courses and active games, children will jump, swing, climb, hang, leap, balance, and roll their way through indoor and outdoor obstacles. Children will even design some of their own obstacles! The program will promote life skills as children work to condition themselves while gaining a healthy perspective on nutrition, fitness, team work, overall well-being, and more!

### ARTRAGEOUS June 24-28

What happens when you combine creativity with fun and excitement? A blast! We will get creative, get messy, and have fun creating art! This unique, hands-on program introduces young artists to a variety of art media and is perfect for the arts and crafts lover who enjoys creating and finishing fantastic art projects.

### ICKY STICKY STUFF July 8-12

Are you slime crazy and like making squishy, squeezey stuff? If so, this is the place to be! Put on your lab coats and get ready to experiment with all sorts of slimy, gooey stuff. You and your friends will dive into a new slime-filled world every day, from alien ooze to ghostly goo to monster muck and lava, too. No matter how you stretch it, this hands-on science adventure promises to be a STEAM-a-riffic adventure of a lifetime!

### TWIST AND SHOUT July 15-19

Your child will flip over this program! Let your Y team spirit show in this fun, active program. We will spend the week learning the fundamentals of cheering with chants, cheers, dance, tumbling, and group formations. The group will learn and progress through the skills of a routine that will be performed on Friday.

### UNDER CONSTRUCTION July 22-26

Bring out your inner engineer! Children will be immersed in innovation and hands-on STEM activities daily. Aspiring engineers & architects work together to imagine, design, and build individual and group projects. Spend the week testing different building methods and materials as we showcase bridges, boats, towers, vehicles, and rockets.

### SPECTACULAR SCIENTISTS July 29-August 2

Shake up a flask of fun in the lab and become a junior scientist! The program is designed to teach science through a series of interactive, hands-on activities. Join us to mix it, bubble it, pop it, or (safely) blow it up and experience kinetic fun this week as a science superhero (or heroine)!

### CONTACT

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#### Hours

9 a.m. to noon  
(Drop-off begins at 8:45 a.m.)

#### Cost

\$70/week for Y members  
\$110/week for non-members