



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FLEX YOUR SKILLS



Tumbling Mini Tumblers– Beginners INDIANOLA YMCA

Does your child have tons of energy to spare? Do they constantly ask you to watch their aerial acrobatic skills as they cartwheel onto the couch? If so, maybe tumbling should be a part of their weekly activities. In introduction to tumbling, children will learn basic tumbling skills, and balance and coordination will be taught through fun and games. This program is designed for children who don't have any previous tumbling experience. Proper form for cartwheels, rolls, backbends, and other introductory skills will be covered. Sign up today by calling the Indianola YMCA at 515-777-7746!

WHEN: Saturdays, September 14th– October 12th

TIME: 8:00am–8:50am

AGES: 4-6 years old

COST: Members-\$40.00

Non-Members-\$57.50

Registration Deadline: September 7th

*Refund policy: No refund, system credit or transfer will be allowed after registration deadline