



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# FLEX YOUR SKILLS



## Tumbling Mini Tumblers— Beginners INDIANOLA YMCA

Does your child have tons of energy to spare? Do they constantly ask you to watch their aerial acrobatic skills as they cartwheel onto the couch? If so, maybe tumbling should be a part of their weekly activities. In introduction to tumbling, children will learn basic tumbling skills, and balance and coordination will be taught through fun and games. This program is designed for children who don't have any previous tumbling experience. Proper form for cartwheels, rolls, backbends, and other introductory skills will be covered. Sign up today by calling the Indianola YMCA at 515-777-7746!

**WHEN:** Saturdays, June 1st-June 29th OR July 13th-August 10th

**TIME:** 9:00am-9:50am

**AGES:** 4-6 years old

**COST:** Members-\$37.50 Non-Members-\$52.50

**Registration Deadline: May 25th & August 3rd**

\*Refund policy: No refund, system credit or transfer will be allowed after registration deadline