



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE BALL IS IN OUR COURT!

## YOUTH BASKETBALL– 1ST & 2ND GRADE Coed Instructional Basketball League Indianola YMCA



Indianola Boys & Girls Instructional Basketball League is a developmental recreation program for 1<sup>st</sup>–2<sup>nd</sup> graders. The programs objectives are: development of basketball skills, teaching sportsmanship & fair play, socialization among teammates & other teams, and enjoyment of the sport of basketball.

Volunteer coaches are needed for all teams. If you are interested in being a positive role model and looking for a way to be involved, please contact Casey Holmes at 515-777-7746 for more information.

- 8 Saturday Practices and 7 Games
- Only \$70 for members and \$90 for non-members plus \$15 for a jersey if child doesn't have a YMCA Jersey

\* Registration deadline is January 15th

\* Team rosters and playing schedules will be available January 16th, after the coaches meeting

\* Teams are randomly assigned - Special requests will be considered for siblings only

**When: Saturdays Jan 18th– March 7th**

**\*If we have enough kids for 10 teams, there will also be a Sunday time of 10:00am–11:30am**

Games will start at 8:30am. Team schedules will be shared with coaches on January 16th  
Coaches will contact their teams with practice and game times. Schedules will also be posted on our website. The first day will be an organizational practice and the following seven weeks will consist of 30 minutes of team practice time and 45 minutes of game time.

**\*Teams will play at different times depending on the week\***

Refund policy: No refund, system credit or transfer will be allowed after registration deadline

We are looking for volunteer coaches! Contact Casey Holmes [Cassandra.holmes@dmymca.org](mailto:Cassandra.holmes@dmymca.org) for more information