

Pool Guidelines

YMCA of Greater Des Moines

The following YMCA pools are open for swimming via reservation only:

Swim reservations may be made 3 days in advance to the hour until 1 hour before desired reservation time. For example, at 10 am on Friday you can reserve a lane for next Monday up to 10 am. At 11 am, you will be able to see and reserve a lane for next Monday at 11 am. As time rolls, more appointments will become available!

Indianola YMCA – Competition & Recreation Pool

To reserve a lap lane or family swim time: dmymca.org/indianolalaplanes

Walnut Creek YMCA

To reserve a lap lane: dmymca.org/walnutcreeklaplanes

Waukee YMCA – Lap & Recreation Pool

To reserve a lap lane or family swim time: dmymca.org/waukeelaplanes

Wellmark YMCA – Prairie Meadows & Program Pool

To reserve a lap lane: dmymca.org/wellmarklaplanes

The pool at the John R. Grubb Y is not open at this time. In the meantime, Y members are welcome to make appointments to swim laps at any of the open pools.

What to expect:

- Social distancing measures are in place throughout the aquatic center. Please adhere to posted guidelines and directional signage for entering the aquatic center, arriving at your lane and exiting the facility.
- Members will enter through the main Y entrance and complete a health screening.
- Please arrive no more than 15 minutes prior to your 30-minute time block.
- Members are encouraged to wear deck shoes, flip-flops or other shoes that slip on/off easily.
- Members will have an assigned area for their belongings on the pool deck during their swim. Please do not bring items of value to the pool.
- Members should bring their own towels, filled water bottles and swim gear (kick boards, etc.)
- To cancel an appointment, please do so online or call the Welcome Center.

Lap Lanes:

- You may reserve up to two 30-minute swim times per day.
- Swimmers are asked to swim over the black line to ensure social distancing in the water.
- Lap lanes must be reserved in advance through the online Appointment King. Use the links above and follow the instructions for reserving a lane. Reservations available 3 days in advance.
- Lap swim is for members who wish to swim laps or water walk. Swim testing guidelines are in effect for those under the age of 14.
- Swimmers must be able to swim the full length of the pool continuously and without support.
- If you need ADA assistance entering or exiting the pool, please let our staff know.

Open Family Swim:

- Family Swim must be reserved in advance through the online Appointment King. Use the links above and follow the instructions for reserving a lane. Reservations available 3 days in advance to the hour. For example, at 10 am on Friday you can reserve a lane for next Monday up to 10 am.

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At 11 am, you will be able to see and reserve a lane for next Monday at 11 am. As time rolls, more appointments will become available.

- Max capacity differs at each pool. Contact your branch for family member limits and pool capacity.
- Children 8 and under must be accompanied in the water by a parent/adult (age 16 & up) at all times when using a YMCA swimming pool.
- Space could be shared with other groups, please maintain 6 feet social distancing.

Remember ... if you are experiencing symptoms of illness or are in the same household as someone diagnosed with COVID-19, please do not come to the Y.