



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KEEPING YOU SAFE

## POLICY ON MASK WEARING

Coronavirus cases have surged to record levels in Iowa, putting a strain on hospitals, healthcare workers, schools and other public facilities.

To help our community slow the spread of the virus, the YMCA of Greater Des Moines is implementing an organization-wide mask policy beginning **Monday, November 16**.

- Effective November 16, Y members and visitors are required to wear masks upon entry to the facility and at all times in all areas of the building. The only exceptions are for members exercising in designated high-intensity activity areas, where we are further reducing capacity to maximize social distancing.
- In all other areas in the facility, including the weight training floor, masks are required at all times. There will be signs in place reminding members to wear masks and maintain social distance from others.
- Masks must be worn in the locker rooms but may be removed when showering.
- Participants must wear masks when shooting baskets or playing pickleball in the gym. No pick-up basketball games are permitted until further notice.
- The indoor tracks are for walking only until further notice. Masks must be worn while walking on the track.
- All mask protocols currently in place for swimming and aquatics will remain in place.
- Learn & Play will be suspended until further notice.
- Group exercise classes will move to the gymnasiums with increased social distancing. Masks must be worn to and from class, but may be removed during high intensity activity in class.

These measures are being implemented for the safety of Y members and staff and the communities we serve. Thank you for your cooperation in helping make the Y a safer and healthier place for everyone.