



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GREAT SUMMERS START AT THE Y!

2021 Summer Camp Themes and Descriptions

Week 1 (June 7–11) Just Craftin'

Join us for summer themed arts and crafts to kick off the summer right. Be prepared to get creative, colorful and messy.

Week 2 (June 14–18) Lab Rats

Do you have a "Lab Rat" at home who has an itch for exploring the world of science? This week of 21st Century and STEM activities is just for you!

Week 3 (June 21–25) Uncovering Nature

At the YMCA, we believe the outdoors is the only way to spend a quality summer. You do not want to miss this fun-filled week discovering all the outdoors has to offer.

Week 4 (June 28–July 3) Birthday Bash

Help us celebrate America's birthday! Throughout the week we will be participating in activities surrounding the spirit of stars and stripes for the 4th of July holiday.

Week 5 (July 6–9) Walk on the Wild Side

Get ready to explore adventure in your inner-self. We will have a blast participating in thrilling, adventurous and outrageous activities that gets your mind and body racing.

Week 6 (July 12–16) Kids with Capes

Campers will have the opportunity to explore the act of kindness. They will learn what it means to serve their family, friends and neighbors in positive and kind-hearted ways.

Week 7 (July 19–23) Kids Get Fit

We will participate in recognizing, learning and making healthy choices. This 5-2-1-0 healthy lifestyle approach will not only be practiced at camp, but will follow them home.

Week 8 (July 26–30) Oh! H2O

Water, water, water! What's a hot summer without water games? This week is all about having fun, getting wet and staying cool through it all.

Week 9 (August 2–6) Pass the Torch

Let's embrace the athleticism of our youth. Whether you participate in sports or not, we will introduce you to a variety of active games for some friendly, competitive and sweaty fun!

Week 10 (August 9–13) We Are Family

Global learning and inclusion is important to making our Y feel like a community. Join us in team building activities and more to make our Y Summer Camp a community.

Week 11 (August 16–20) The No Theme Week

This week, there are no rules—for the way we choose our activities, that is. The options are endless and will be nothing short of fun. Join us in the hodgepodge of fun and games!

For more information, contact Heather Jackson at 515.868.0508 or heather.jackson@dmymca.org