



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOREVER CREATING

Before and After School
WAUKEE FAMILY YMCA



BEFORE AND AFTER SCHOOL

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BEFORE AND AFTER SCHOOL PROGRAMS

YMCA of Greater Des Moines Before and After School Programs are offered at local elementary schools or YMCA branches. Care is offered at Brookview Elementary, Eason Elementary and Waukee Elementary.

WHY CHOOSE THE YMCA?

- A long-standing not-for-profit organization.
- The YMCA of Greater Des Moines has been serving this community since 1868, meeting changing community needs for over 140 years.
- In response to the needs of communities throughout the nation, the YMCA is one of the largest providers of school age programs.
- Thanks to many generous community donors to the YMCA Annual Campaign, the YMCA strives to never turn anyone away from the YMCA due to an inability to pay.

SAFETY

- Approximately 300 children are entrusted to our care every day.
- We meet state standards for our staff to child ratio. Our maximum ratio is 1:15 and often we exceed our staff ratios at most sites.

TRAINED STAFF

- An integral component of the YMCA's quality programming is staffing. Our staff consists of mature and enthusiastic individuals who help us provide a quality, safe and enjoyable program. Reference checks are conducted, documented and filed on all employees working with children. A Criminal History Background Check, physical and a TB Test are also required.
- The YMCA of Greater Des Moines requires all school age program staff to take CPR, First Aid, and Child Abuse Prevention trainings within the first 45 days of employment.
- Staff are also required to participate in continuing education classes throughout their employment with the YMCA.



ENRICHING CURRICULUM

YMCA Before and Afterschool programs foster each child's cognitive, social emotional and physical development through opportunities and experiences which focus on achievement, relationships and belonging. The planning of each activity is offered in a physically and emotionally safe environment consistent with evidence based principles of youth development: each child is encouraged to develop at his or her own unique rate by encouraging skill development and frequent leadership opportunities. Families are seen as partners in their child's development and are provided opportunities to strengthen the family unit and give the family and the YMCA an opportunity to work, play, learn and thrive together.

NINE CURRICULUM COMPONENTS

21st Century Skills

Arts

College & Career

Family & Parent Engagement

Global Learning & Inclusion

Health & Wellness

Academic Enrichment

Leadership Development

Service Learning

BEFORE AND AFTER SCHOOL

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The specific activities associated with the core content areas generally take place in one or more of the following contexts, each of which is balanced throughout the day or week:

- **Free Choice.** The child chooses from several activity options, some relatively unstructured and some that are staff-directed learning centers.
- **Small group and individual.** The activities available can be done either in small groups or alone. They may be initiated by the adults with the expectation that all children will work on the activity (e.g.: homework or quiet time), or they may be initiated by the children themselves.
- **Large group.** Activities designed for large group participation usually under the leadership of a responsible person (e.g.: read a book or participate in an active game such as soccer).
- **Indoors and outdoors.** As much as possible, and depending on the weather, we strive to balance indoor and outdoor activities.
- **Snack.** A nutritious snack, planned to meet a child's nutritional requirement, is served each day.

Parents will realize the YMCA Before and After School Program will help their child:

- Interact with others who are different from him or her and be respectful to others' feelings and property
- Learn how to do what is right even when other kids want to do something else
- Learn that it's important to help other people
- Do better in school both socially and academically

SUMMER DAY CAMPS & RESIDENT CAMP

YMCA of Greater Des Moines offers Summer Day Camps for children. Visit our website at dmymca.org for detailed information on the camps offered by the YMCA during the summer months.

FEES & PAYMENT OPTIONS

The YMCA offers monthly payments by debit or credit card. Sites accept Child Care Assistance. Call 515.868.0508 for more details about payments.



BEFORE AND AFTER SCHOOL

The YMCA provides continuous care throughout the year, including spring and winter breaks. This is a full time program. Payment for every week is required whether or not your child attends.

AM ONLY PARTICIPANTS

If you are signing up for AM care only:

- Regular before school care starting at 6:30 a.m.
- Full day care during parent/teacher conferences and scheduled no school days (Teacher Professional Development Days), spring break and winter break.
- PM care on early outs.
- **See inclement weather procedures:** AM care on late start/PM care on early out - children must be picked up within 1 hour of dismissal time.

PM ONLY PARTICIPANTS

If you are signing up for PM care only:

- Regular after school care until 6 p.m.
- Full day care during parent/teacher conferences and scheduled no school days (Teacher Professional Development Days), spring break and winter break.
- PM care on early outs.
- **See inclement weather procedures:** AM care on late start/PM care on early out - children must be picked up within 1 hour of dismissal time.

AM & PM PARTICIPANTS

If you are signing up for PM care only:

- Regular before school care starting at 6:30 a.m.
- Regular after school care until 6 p.m.
- Full day care during parent/teacher conferences and scheduled no school days (Teacher Professional Development Days), spring break and winter break.
- PM care on early outs.
- **See inclement weather procedures:** AM care on late start/PM care on early out - children must be picked up within 1 hour of dismissal time.



INCLEMENT WEATHER

When winter weather hits, we would like everyone to be safe including children, parents and staff. Following are the inclement weather procedures that are put in place for our Before and After School Program.

2 HOUR DELAY

Due to Inclement Weather

If school is delayed 2 hours, the program will also be delayed for 2 hours. For example, normal opening of before school care is 6:30 a.m. If there is a 2 hour delay, the program will open at 8:30 a.m.

EARLY OUT

Due to Inclement Weather

When school is let out early due to inclement weather, children must be picked up within 1 hour of dismissal time.

NO SCHOOL DAY

Due to Inclement Weather

No care will be offered.

TRANSPORTATION

If school is delayed or canceled due to transportation issues, the YMCA Before and After School Program MAY remain open. The decision will be made by District Administration and communicated to parents as early as possible.

YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

BEFORE AND AFTER SCHOOL

FEE AND PAYMENT OPTIONS

The YMCA offers a monthly payment option by debit or credit card. Sites accept Child Care Assistance. Call 515.868.0508 for more details about payments.

| OPTION (Please circle one) | MONTHLY (once a month on the first) | | |
|-------------------------------|--|-----------|-----------|
| Full Time Program Only | 1st child | 2nd child | 3rd child |
| Morning or Afternoon Only | \$250 | \$235 | \$200 |
| Morning and Afternoon | \$320 | \$305 | \$275 |
| Registration Fee | \$25 per child | | |

The YMCA provides continuous care throughout the school year, including spring and winter breaks. This is a full time program. Payment is required whether or not your child attends.

REGISTRATION PROCEDURES

1. Register at dmymca.org or complete the paper registration form if you qualify for financial assistance. If a paper registration form is used, please drop it off at the Waukee Family YMCA with the registration fee.
2. Registration will be taken on a first come first serve basis.



Waukee Family YMCA
515.987.9996
210 N. Warrior Lane
Waukee

LOCATIONS

Brookview Elementary
249.8165
8000 EP True Parkway
West Des Moines

Eason Elementary
249.8146
605 SE Boone Drive
Waukee

Waukee Elementary
249.8253
850 6th Street
Waukee

Heather Jackson
Youth Program Support
Coordinator
515.868.0508
heather.jackson@dmymca.org

NOTE: All other elementary schools are served by Beyond the Bell, sponsored by the Waukee Community School District. For more information, please call 987.2778.

BEFORE AND AFTER SCHOOL

HOW DO I REGISTER?

Return this registration form along with the non-refundable registration fee to the Member Service Center.

Waukeee Family YMCA
515.987.9996
210 N. Warrior Lane
Waukeee, IA 50263
www.dmyymca.org

Non-Refundable Registration Fee

- \$25 per child

You will not be allowed to register for the Before and After School Program if you have any outstanding balance dues from any Before and After School or summer program.

Please see page 4 of the form for more information on what each fee includes.

INFORMATION

Child's Name: _____ School Student ID#: _____

Entering Grade: _____ Birthdate: _____ Age: _____ Circle One: Boy Girl

Address: _____ Apt/Lot: _____ City/State/Zip: _____

Home Phone: _____ Work Phone/Whose: _____ Primary Email: _____

School: _____ YMCA Member? Circle One: Yes No Alternate Email: _____

Parent/Guardian: (Print) _____ Parent/Guardian Signature: _____

Program Start Date: _____ Date of Application: _____

We are a United Way agency. The information below is necessary to comply with EEOC and United Way guidelines.

EEOC Code (Please circle):

C-Caucasian B-Black H-Hispanic N-Native American I-Indian M-Middle Eastern O-Other

| OPTION (Please circle one) | MONTHLY (once a month on the first) | | |
|-------------------------------|--|-----------|-----------|
| Full Time Program Only | 1st child | 2nd child | 3rd child |
| Morning or Afternoon Only | \$250 | \$235 | \$200 |
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| Registration Fee | \$25 per child | | |

PAYMENT OPTION

Payments are made by credit/debit card drafts only.

Circle One: Credit Card Debit Card Card #: _____ Expiration Date: _____

Name on Card: _____

This information is required, used for registration and for auto-pay when school begins.