



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Return to Youth Programming

Thank you for choosing the Y for youth programming opportunities. We have worked with federal, state and local health officials and YMCAs throughout the country to develop a careful, phased-in approach to reopening facilities and expanding programs. As always, our highest priority is the safety and well-being of our members, staff and communities.

Here are some things you can expect from YMCA youth programs:

- Thorough cleaning and disinfecting each Y facility and working with hosting facilities on appropriate cleaning procedures
- Developing enhanced sanitation and hygiene protocols
- Sourcing cleaning and sanitation supplies and personal protective equipment
- Implementing personal safety measures for staff, members, participants, volunteers, and visitors to the facility, which includes daily self-reported health screenings
- Reconfiguring physical spaces and adjusting equipment to meet capacity and social distancing restrictions
- Developing training programs and instructing staff and volunteers on new procedures

In addition to the Y's commitment to safety, the Learn and Play Centers have implemented the following:

- Daily participant self-reported health screening
- Temporary minimum age requirement of 2 years old
- No food or beverages allowed
- No diapering by staff; parents will be contacted for diaper changing needs
- Program/curriculum/play space that encourages staff and children to participate in social distancing whenever possible, and reduce duration when not able to maintain
- Physical markers and reminders will be used to support physical distancing between participants
- Individual equipment and/or enhanced equipment cleaning between participants
- Increased handwashing breaks and/or hand sanitizing stations
- Face covering required for participants at all time
- Face covering required for parents/guardians at drop off and pick up
- Parents/guardians will remain outside the play area during drop off and pick up
- Limited spectators to maintain appropriate physical distancing if necessary
- In order to ensure proper social distancing and to limit total interactions, our Learn & Play Centers will adhere to staff-to-child ratios. Waitlists will be used in the event that capacities are reached and we will contact families when space becomes available.

To ensure participant safety, please do not come to programming if:

- You have tested positive for COVID-19 in the last 10 days
- You have experienced any symptoms of illness in the last 24 hours
- You have had close contact with anyone who has tested positive for COVID-19 in the last 14 days



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- If you are a healthcare provider, or have been fully vaccinated, follow CDC guidelines regarding testing and quarantine

Participants who are ill or believe they might have COVID-19 should stay home from programming until they can answer the screening questions.

Please contact the program director as soon as possible if COVID-19 is suspected within your household. This information will be kept confidential and allows the Y to assess the risk of spread to other families.

In the event of a possible or confirmed COVID-19 exposure, the Y will work with local health officials and follow the most current guidelines of the CDC and Iowa Department of Public Health. We cannot reduce the risk of COVID-19 spread without the partnership with the families in our programs.

For participant and community safety, all participants should assess whether they or their household is at greater risk of infection and/or complications due to Coronavirus. You can find guidance from the CDC on assessing risk at:

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/groups-at-higher-risk.html>

If you have any questions regarding Learn & Play please reach out to the following Program Director at your local YMCA.

Indianola YMCA: Todd Kasperbauer at todd.kasperbauer@dmymca.org

Walnut Creek Family YMCA: Alicia King at alicia.king@dmymca.org

Waukee Family YMCA: Gretchen Stanger at gretchen.stanger@dmymca.org